

NEWSLETTER JUNE 2010

SUMMER BREAK

The whole swimming club will be having a break this year not just squad swimmers. I'm sure you will agree the coach, assistant coach, teachers and all the volunteers deserve a break so the last swimming session will be on Friday 30th July and it will recommence on with session on Monday 16th August.

NEWSLETTER

You may also have noticed the lack of newsletters recently. This is partly due to not having enough time to produce one each month. It has been decided that the newsletter will now be produced quarterly which will hopefully still keep everyone up to date with what is happening at the Club. Please remember that you can speak to any of the committee members if you have any questions regarding the Club.

GOLD AWARDS

Congratulations to the following swimmers who have recently completed their gold award: Kieron Butt, Lucy Clist, Libby Morton, Millie Paxton, Charlotte Revolta and Harry Squire.

WEDNESDAY NIGHT - DISTANCE NIGHT

Distance Night will be held on Wednesday 23rd June. This will not be a regular swimming session but will solely be for distance swimming. There is a sheet on the noticeboard for you to add the distance that you think you might swim. Certificates will not be issued on the night but will be ordered and handed out within two weeks. The ASA have new certificates and badges and we don't want to be left with a supply of certificates and badges so we will order as we need them.

FRIDAY NIGHT – LEARN TO SWIM

The next 11 week block starts on Friday 25th June and just a reminder that it will cost £33. The last night of this block is Friday 11th June. This is the last chance to pay if you want to secure a place for your child's swimming for the next block. There will be a distance night on Friday 18th June starting at 6.40pm for everyone. The evening will be free but to cover the cost of an ASA certificate and badge, there will be a charge of £2. So that no swimmer will be disappointed, there will be a supply of Tiverton Swimming Club certificates should your child wish one at a cost of 50p. Please check the list that will be on the noticeboard next week so that you know what your child has already achieved and they should therefore be attempting a longer distance on the night. The minimum that you should be able to swim is 2 lengths (50m) and maximum they will be able to swim in the time allocated will be 32 lengths. The learner pool will not be open that night.

DATES FOR YOUR DIARY

There will be no regular swimming sessions on Saturday 26th June nor Sunday 27th June as these are the Devon Development Galas. It is also our own Sprint Meet on Sunday 11th July so there will be no regular swimmers. If you only swim at the weekend then please come along to one of the other sessions those weeks so that you still get your training.

We will be requiring volunteers to help at the Sprint Meet, no skills are required as training for certain roles will be given but there are many other roles you can help with – car park attendents, kitchen assistants, raffle, taking door monies. It would be great to have as many volunteers as possible for the day. Please see noticeboard for list of jobs or speak to one of the committee. All offers of help gratefully received.

Competition News

<u>Tiverton Sprint meet – Entry closing date JUNE 13th</u>

Sunday July 11th – Exe valley leisure centre

Open to all Cat 2 swimmers

Entry forms in the grey folder. This is our own meet and was very well supported by all of our swimmers last year, please support us again this year and get your entry forms in by June 13th

Western Counties

Congratulations and Good luck to Callum Stoneman, Lucy Abraham, Jake Stoneman & Emily Abraham, who all achieved qualifying times for the Southwest Regional age groups, these are held in June over two weekends.

Margaret Gardener July 25th/26th July

Level 4, Plymouth college. A great gala to enter especially if its your first one, - its even open to aged 8 & under – see Andy or Tracy if you need any help or have any questions.

Entries and info will be posted up on the notice board soon

August 1st Exeter invitational against visiting club Coventry. A team list will be posted on the board a few weeks ahead of the event.

PLEASE KEEP AN EYE ON THE COMPETITION BOARD/ WEBSITE FOR MINI LEAGUES AND VARIOUS OTHER GALAS THAT TIVERTON WILL BE PARTAKING IN

PRESS RELEASES

Tiverton Imps a Great Success

Thirteen local Primary Schools competed in this years' Tiverton Imps Swimming Gala hosted by Tiverton Swimming Club which was held at Exe Valley Leisure Centre on Sunday 16 May 2010.

This is an annual event to encourage children from local schools to get together and experience competitive swimming. To start the event, Tiverton Swimming Club members demonstrated all aspects of the Club from Learn to swim right through to Masters swimming which included our Olympian swimmer, Sue Haigh.

A team effort was needed for the first two events. Shea Holland (11), Ryan Saunders (11), Max Zilch (11) and Jake Stoneman (10) of Heathcoat Primary School took home a gold medal in the boys' 100m Freestyle Relay. Whilst Kerry Chamberlain (11), Rebecca Milne (11), Maddy Gollop (10) and Lauren Aitchison (10) also from Heathcoat Primary School took the gold medal for the girls' 100m Freestyle Relay.

Sampford Peverell Primary School saw the boys performing well, taking first place in the 50m Backstroke, Freestyle and Butterfly. The girls from St Johns Primary School also scooped gold medals in the 50m Backstroke, Freestyle and Butterfly.

For the younger swimmers, eight year old Lewis Gliddon of Tidcombe Primary School sailed into first place in the 25m Freestyle and Breaststroke, beating off competition from several nine year olds.

Tiverton Swimming Clubs' younger members aged between six and eleven years also competed against each other with some great performances resulting in personal best times. Competing for the first time was seven year old Jamine Ware who had some great swims taking home two gold medals and Josie Summerwell (7) who settled for second place in the 25m freestyle and third place in the 25m breaststroke. For the boys, Robert Jones (7) Finn Stoneman (8), Joseph Andrew (8) and Henry Lunn (9) all claimed gold medals.

Steve Carder, Head Coach of Tiverton Swimming Club, said "It was great to see so many younger swimmers competing for the first time. There were some impressive performances from both the club and school swimmers and this event has highlighted some potential talent."

Three swimmers from Tiverton swimming club competed in the Olympic size 50m pool at Millfield School in Somerset at the weekend taking home eight medals.

Josh Gunn (11) achieved personal best times in all five of his races, winning a gold medal in the Boys 50m backstroke with a time of 39.77 seconds. Josh went home with a total of four medals.

Sophie Whittle (10) had a great morning taking 15 seconds off her personal best time in the Girls 200m freestyle followed by a fantastic 18 seconds off her 100m backstroke time. The afternoon saw Sophie fly to second place in the Girls 50m butterfly taking home a silver medal with a time of 44.10 seconds.

Jessica Whittle (13) was competing in a 50m pool for first time and swam a good race in the Girls 50m backstroke just missing out on a medal.

Personal Bests for Tiverton Swimmers

Three hundred and eighteen swimmers from twenty seven swimming clubs across the region competed in the Exeter May Meet held at the Pyramids pool over the weekend of the 8th and 9th May 2010. Thirteen Tiverton members travelled to Exeter to compete in the thirty event competition taking home six medals and achieving some great personal best times.

Emily Abraham (10 yrs) took first place in the 200m Freestyle bagging herself a Gold Medal and a Regional Qualifying time of 2:43.38.

Will Parr (15yrs) sprinted to first place in the 50m Butterfly and third place in the 50m Backstroke, taking home a Gold and Bronze Medal.

Jake Stoneman (10yrs) had strong swims in the Breaststroke events bagging a silver medal in the 200m and a bronze in the 100m. Jake also achieved four personal best times out of six races, knocking 9 seconds off his time for in the 200m Individual Medley.

Callum Stoneman (13yrs) competed in four events, taking second place in the 200m Backstroke and narrowly missed out on a medal in the 50m Backstroke.

Sophie Whittle (10yrs) continues to improve achieving personal best times in all five of her races, taking nine seconds off in the 200m Individual Medley and a fantastic 14 seconds off in the 200m Breaststroke.

Eleven year old Jamie Price has recently joined the Tiverton team and performed well in the 200m Backstroke with a personal best time of 3:02.68.

There were also strong performances from Caitlin Tyrell, Joe Zilch, Jade Clarke, Lucy Abraham, Josh Gunn, Jess Lepper and Adam Clewer with a further twelve personal best times between them.

Head Coach, Steve Carder, said "This was another excellent performance from the team and it was great to see so many personal best times.